



In effect: Monday 22 July - Sunday 01 September 2024

EXTENDED SUMMER OPENING HOURS

Monday

GYM

06:00 - 11:00
17:00 - 21:30

POOL

06:00 - 10:00
10:00 - 11:00 ♦♦
17:00 - 21:30

Tuesday

GYM

06:00 - 11:00
17:00 - 21:30

POOL

06:00 - 10:00
10:00 - 11:00 ♦♦
17:00 - 21:30 ♦♦♦

Wednesday

GYM

06:00 - 11:00
17:00 - 21:30

POOL

06:00 - 10:00
10:00 - 11:00 ♦♦
17:00 - 21:30 ♦♦♦

Thursday

GYM

06:00 - 11:00
17:00 - 21:30

POOL

06:00 - 10:00
10:00 - 11:00 ♦♦
17:00 - 21:30 ♦♦♦

Friday

GYM

06:00 - 11:00
17:00 - 21:30

POOL

06:00 - 10:00
10:00 - 11:00 ♦♦
17:00 - 21:30

Saturday

GYM

08:00 - 13:00
17:00 - 19:00

POOL

08:00 - 12:00
12:00 - 13:00 ♦♦
17:00 - 19:00

Sunday

GYM

09:00 - 15:00

POOL

09:00 - 15:00
11:00 - 14:00 ♦♦

♦♦ Family fun sessions: Weekday's between 10:00 - 11:00, Saturday's between 12:00 and 13:00 and Sunday's between 11:00 and 14:00.

♦♦♦ POOL CLOSED TO SWIMMING BETWEEN 18:00 AND 19:00 (TU/WE/TH) DUE TO AQUA/SWIMFIT CLASSES TAKING PLACE

INFORMATION

THERE WILL BE REDUCED LANE SWIMMING CAPACITY DURING THE WEEKS OF THE SWIMMING CRASH COURSES

w/c 22 JUL (MON-FRI), w/c 12 AUG (MON-FRI) AND w/c 26 AUG (TUE - FRI) BETWEEN 09:00 - 10:00

All facilities, including changing rooms, must be clear and vacated by the closing time shown.

