



Framlingham  
COLLEGE

WHERE EVERY PUPIL CREATES THEIR OWN STORY

HOUSE NEWSLETTER - FEBRUARY 2024

# Moreau House



## From the HM - We made it!



By the time you read this, we will all be enjoying a much-needed half term break. This half term can be a difficult time for many, with dark days and gloomy weather, and the sparkle of Christmas now a fading memory. We were lucky to have House Dinner to give us a welcome boost, and my thanks go to Margot and the year 13 girls for their hard work in making it a fantastic evening. I would like to say a heartfelt well done to every girl in Moreau for not just surviving but still managing to thrive—whether through academic success, co-curricular excellence and joy, or through positive and enriching friendships and relationships. I hope that you all have a lovely break and a chance to reconnect with family and friends.

## Radiate Goodness

I am incredibly proud of our Year 11 pupils, who have shown quiet determination and calm during the mock exams. Their focus has been impressive, and I am confident Year 13 will display the same commitment as they prepare for their assessments. Despite the busy, stressful time of year, the girls have supported each other with maturity beyond their years. I am grateful for the empathy and consideration they've shown, thinking of their peers sitting exams. Small acts of kindness, like sharing games kit or listening to friends, reflect the strong sense of community we foster. In a world where many focus on their own challenges, it's heartening to see our girls putting others first.

The team spirit during events like House Basketball has been wonderful, and I love seeing the mantra "Be a radiator, not a drain" become a daily reminder of positivity. As we head into half term, I'm filled with gratitude for the strength and kindness of the girls in Moreau.

Please note that we are tightening up on registration in the mornings, as we have a strict cutoff time for submitting our registers. Roll call is at 08:10 in the house every morning, so if your daughter arrives after then, please drop her at the front of the school so that she can sign in at reception. Thank you for your support with this, as it is a vital aspect of our safeguarding practices.

# “Nunchi” - a summary of Izzy W’s House Dinner Speech

Two months ago, I came across the concept of “Nunchi”, a South Korean cultural practice often described as “the art of reading the room.” It’s the ability to sense and respond to the emotions, moods, and dynamics of a situation without explicit verbal communication—picking up on body language, tone, eye contact, and even silence. In South Korea, where harmony and group cohesion are valued, “Nunchi” helps individuals navigate complex social landscapes, knowing when to speak, listen, or step back.

In Moreau, we often hear Mrs. Bloore emphasise the importance of being gentle and aware of each other, particularly during busy periods. This is very much aligned with “Nunchi”, as it encourages us to be present and attuned to the feelings of those around us. The word itself means “the wisdom of seeing,” highlighting the importance of observing and adjusting your behaviour accordingly.

Children in South Korea are taught “Nunchi” from a young age, learning how to read others’ emotions and know when to support a friend or give space. It also involves managing your own emotions and not overwhelming others. “Nunchi” is often learned through observation and trial and error, as Euny Hong highlights in her book, “The Korean Secret to Happiness.” She shares an anecdote about arriving at a party without gauging the room’s mood, leading to an awkward and insensitive interaction.

By developing “Nunchi”, we can improve empathy, communication, and build more authentic relationships. Let’s work on being present with each other and developing quick “Nunchi” for a happy and successful future.



## HOUSE FUN!

